



*From the HC...*

## Avoiding "Tunnel Vision"

Tunnel Vision:

1. (Medicine / Pathology) a condition in which peripheral vision is greatly restricted
2. narrowness of viewpoint resulting from concentration on a single idea, opinion, etc., to the exclusion of others



CH, Lt Col Paul Ward

It should not come as any surprise to you....but we have the great privilege of serving with people of great character and who possess superb abilities. This reality was once again brought home to me as I attended the recent PCR conference and as I look forward to attending this coming summer's National Conference in San Diego.

Week-in and week-out many of us hang out in the same place with the same people. That in and of itself is not a bad thing. Being a regular participant in the life of a squadron is essential to maintaining a "ministry of presence". However the routine contact often results in "tunnel vision". You begin to see CAP only through the perspective of your local squadron. Participating in conferences, training events, activities at a group/wing/region/national serves a two-fold purpose:

- 1) "Ministry of Presence" - That is a given. Your presence at various events serves as an example. It serves as an encouragement. It provides an additional resource to the project officer, incident commander, staff as well as to the participants.
- 2) A Personal Boost - While others may benefit from your involvement, there is also a personal benefit. Think about the last activity you participated in that took place outside the squadron. What was the personal benefit? How about meeting old friends, forming new friendships, networking, perspectives either renewed or refreshed, ideas exchanged, among other things.

The next few months present many opportunities -- SARXs, encampments, training events, as well as the National Conference in our "back yard". To avoid "tunnel vision", I would encourage you to venture out of the comfort zone of your local squadron and participate in a group, wing, region or national event.

In Service Together,

*Paul*

Chaplain, Lt Col Paul Ward, CAP  
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## 2010 NATIONAL STAFF COLLEGE ANNOUNCED

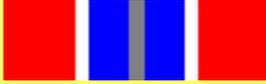
National Staff College for 2010 will be conducted October 16 - 24, at Maxwell AFB in Montgomery, AL, home of CAP's National Headquarters. Because of the graduate-level design of NSC, as well as its focus on national-level operations, attendance at National Staff College is restricted to those members who hold the grade of Major (or above), who have completed CAP's Region Staff College (or equivalent), and who have the endorsement of their wing commander. For more info: [http://www.capmembers.com/cap\\_university/course\\_schedules/index.cfm](http://www.capmembers.com/cap_university/course_schedules/index.cfm)



**Chaplain Dave Franklin (WAWG)  
was promoted to Major.**

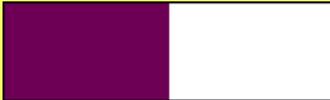
# AWARDS

## Gen "Chuck" Yeager Award



### Level 2

Capt Kevin Garland - CAWG



### Level 3

Ch, Maj Dave Franklin - WAWG  
Capt Jeffrey Leskowat - OKWG  
Capt William Rust - ORWG  
Maj Kevin Stall - NVWG



### Level 4

Maj Gregory Barker - WAWG  
Ch, Maj Randy Potter - ORWG



### Level 5



# PROFESSIONAL DEVELOPMENT

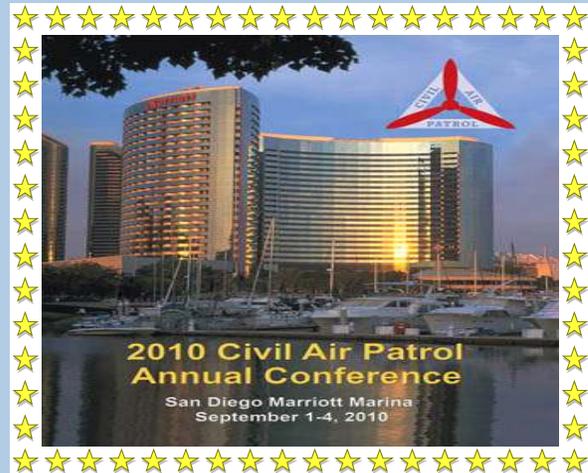


## SLS/CLC Available On-line

On-line CLC & SLS are open to all eligible candidates who would not otherwise be able to attend in residence. To register for either course use the link which takes you to the On-line Courses & Exams page in CAP University. Please note that the primary method of completing CLC & SLS is in residence and the on-line option is primarily for those who cannot attend in residence.

[http://www.capmembers.com/cap\\_university/online\\_courses\\_\\_exams.cfm](http://www.capmembers.com/cap_university/online_courses__exams.cfm)

Each course will take 8 weeks to complete, and is writing intensive through online discussion. A group will start and end as a cohort. The course was designed to help members could not attend a traditional face-to-face course. Each course will start when a cohort is put together. If you sign up, you will be placed on a waiting list until the next course opens up.



### Upcoming events

PCR AE Conference – July 7-10 at the Kilauea Military Camp located near Volcano National Park, Hawaii. You do not need to be a unit AEO to attend, but need an interest in Aerospace.

School costs \$50.00 for materials, one dinner and other goodies. Apply on CAPF 17 NLT 1 June 2010 Send applications to Lt Col Virginia Nelson, 490 Buttonwood Dr. Brea CA 92821. Questions regarding school, contact Lt Col Nelson 714-990-5148 or vmnelson@juno.com



National Summer Board and Conference – September 1-4 San Diego CA .

## **1-4 September 2010 NATIONAL CONFERENCE**

CAP Prayer Breakfast – Friday morning, 3 September

Break out sessions are planned for members of the Chaplain Corps to attend on Friday and Saturday.

Online registration for the Annual Conference and National Board in San Diego is available:

<http://guest.cvent.com/EVENTS/Info/Summary.aspx?e=1b63057a-66a2-4d4b-9bc2-29cd49813959>



### **CAP Chaplain Corps Resources**

[http://www.capmembers.com/cap\\_national\\_hq/chaplain\\_corps/cap\\_chaplain\\_corps\\_resources.cfm](http://www.capmembers.com/cap_national_hq/chaplain_corps/cap_chaplain_corps_resources.cfm)

#### Prayer and Religious Observance Guidelines

[http://www.capmembers.com/media/cms/Prayer\\_Guidelines\\_31BAEE2A053B1.pdf](http://www.capmembers.com/media/cms/Prayer_Guidelines_31BAEE2A053B1.pdf)



### **“FORCE MULTIPLIERS” NEEDED**

A list is being created of all CAP chaplains who meet the criteria for serving as a “force multiplier”.

If you indicated on your Form 34 that you are providing services to the military and do not have a MSA, contact: Ch, Lt Col Ron Tottingham ([drtot@empiremail.net](mailto:drtot@empiremail.net)).

**During the 2010 CCRSC the morning meditations were presented by our Wing Chaplains. Each meditation was based on the acrostic C-A-P. In the Spring issue, “Compassionate” was the theme addressed by Ch, Lt Col Chuck Ingram (CAWG HCD). We continue in the series of the morning meditations from the 2010 CCRSC.**

## *Attentive and Available*

**Chaplain, Maj Randy Potter - ORWG HC**

**Wednesday, March 31, 2010**

Yesterday Chaplain Chuck talked to us, using God's word, and encouraged us in applying the concept of Compassion to our ministry as CAP Chaplains and Character Development Instructors. This morning we will look at the second in our three-part series this week: Attentive. I have titled this "Attentive and Available", because I feel they go together. We can't be Attentive if we are not Available, because you have to "be around" to be Attentive. But we can be Available and still not be Attentive. But just what does being "Attentive" mean? And how do we exhibit this in our ministry and service to the people in our sphere of influence; our family, our church, our CAP squadron, our Wing – and if we are involved in Emergency Services – the staff and citizens we encounter through this outreach.



The American Heritage Dictionary of the English Language: Attentive: Giving care or attention. Watchful. Marked by devoted or assiduous attention. Wife: "Are you listening to me?" And "What did I just say?"

Lets look first at some examples we know about already:

### **Moses: The Good and the Bad**

Good: We remember the story of how he acted as a judge to his people – and worked at it so hard he was totally worn out. The good part was he learned to delegate.

Bad: But while we see Moses being Attentive to his people's needs, and Available to them, he was not always Attentive to God. At one point he was so mad about the Israelites' whining and complaining – he quit being Attentive to God, and what God told him to do: Instead he lost his temper and smashed his staff on the rock and ordered water to come out. His punishment was he did not get to go into the Promised Land.

### **David: The Good and the Bad**

Good: A Man After God's Own Heart. He was Attentive to what God wanted him to do (most of the time), and honored God with his life (most of the time).

Bad: But not always – there was that thing with Bathsheba. Yet he asked God's forgiveness, God forgave him, and he is known as "A man after God's own heart".

### **Nathan: David's Pastor**

The man had guts, and he was Attentive to God. When God told him to go to David, the King, and confront him about his sin – he went straight there.

### **Then there was Jonah: Israel's Prophet**

God told him to go to Nineveh, Israel's enemies, and preach God's message of Salvation – and he said "Nope". Jonah was Attentive to God – but he was not Available. Storm came, he got thrown off the boat, swallowed by a fish, then prayed and repented (sort of), and was spit out on the shore. He went and preached salvation to the Ninevites – who repented. But was Jonah happy for them? No. Was he Attentive to what God wanted, and God's Plan? No. He went up above the city, looked over it and was angry at God that they accepted God's Salvation! God tried to get his attention by making the bush he was sitting under wither, and Jonah complained about that. He was so mad he wanted to die! The book ends with God giving Jonah a lecture, but we do not read that Jonah ever repented and became Attentive to what God wanted. Nor do we hear of any other message from God to Jonah, or that Jonah ever served the Lord again.

### *...Attentive and Available*

And we all want, and pray, that that does not become us. How can we become Attentive – and how can we remain Attentive? There are many examples in the Bible: Lets start first with the Apostle Paul, who said to the Philippian Church, Philippians 4:9; *“These things which you have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.”*

That’s pretty heady, to be able to say “Whatever you saw me do – do that – and the peace of God will be with you.” I wish I could say to my wife, and my kids “Pattern your life after everything you have seen me do – and you will have peace in your life, and the peace of God will be with you.”

I feel that I am, as my Dad says, “Too soon old and too late smart.” There is a dichotomy here, a line somewhere between not thinking of ourselves too highly – and of thinking of ourselves highly enough. True, we should not pump ourselves up too much – but we should realize that we do have certain talents, certain capabilities, and certain accomplishments – because if we do not realize, acknowledge, that we have these abilities – we cannot use them. Some of those accomplishments we know about one another – and others we will see in a little bit – because in a little while I will give you a chance to share something about yourself. As we look around today we see certain insignia on people’s shoulders – we can see certain accomplishments. As we look at certain other things, such as insignia on certain people’s chest, we can see certain other accomplishments and abilities.

You heard the story about the guy who was humble? The city voted and said he was the most humble person. They gave him a party, a nice plaque to hang on the wall, and a gold medal to wear around his neck. The next day he went to do some shopping and was wearing the gold medal – they said he was not humble any more and took away the medal. Aren’t we all a little bit like that, though? We work to gain our training, our skills, and maybe we get some degrees to hang on the wall – but we have to be real careful what we say about it, who we tell it to, because if they think we are bragging about it we might lose the ability to minister to them using the skills we worked for.

Most of us have some CISM training. I have attended three classes, formally, and read some things. While we want to minister to people in crisis – we can’t just come up and say “You know, you should listen to me because I have completed the “name of course” course.” But just how do we, as ministers in our squadron, and in our wing, and in our region – become Attentive to our people – and how do we BE Attentive to them.

I think one of the ways is to be Available. Think of Jesus on his way somewhere and the lepers were also on the road – did he just go on? No, he stopped to ministered to them. Matthew 19:13-15 . He was both Attentive and Available. He was talking to the Pharisees and some people brought some kids to him – did He say “Sorry folks, I am busy talking to the big wig politicians – go away.?” No. He said “Bring the little kids to me, for such is the Kingdom of Heaven.” He was Attentive to their needs, and he made Himself Available.

John 3:1-2 : Nicodemus came to Jesus at night. Don’t you think Jesus had something else to do about then? Dinner with the Disciples? Rest? Even when people came to Jesus at night, he got up and ministered to them. In fact, he worked so hard, all the time, that he frequently did things like fall asleep in boats in the middle of raging storms!

Matt 22:34-40 One of the experts on the Law asked Jesus what was the greatest commandment. Jesus said: *“Love the Lord your God with all your heart, and with all your soul, and will all your mind. And the second is like it: Love your neighbor as yourself.”* If we love people we will want to be Attentive to their needs, and Available to meet those needs. (con’t on the next page)

### *...Attentive and Available*

Remember the story where the guy has his house all shut up, family in bed, animals put down for the night – and a friend knocks and says “Friend, I just had guests show up and I have no food for them. Please open up your house and get something for me to take back? Well, what we want to say is “ok, come by at 8 am in the morning.” But we don’t – we get up and help him out. This is a good example for us, at least for me, because it always seems like these things “come up” when I have other plans. Other things to do. I was thinking about this one day – and it occurred to me that of course that is the way it is – because I always have something else to do. I am rarely just sitting around with “nothing” to do. Nothing going on. So whatever happens there will be “something” going on in my life. I used to think it would be different for those of you who are vocationally retired – but after a couple years of being retired, my Dad said “I am so busy now I wonder how I ever had time to go to work!”

I was an Army Guard Chaplain, and very late one afternoon, about 5 pm, as I was packing my suitcase to fly away across the country on business the next morning, the phone rings. Sergeant DeSanto wanted me to accompany him on a notification. Marine Lantz Corporal Randy Newman was missing in Iraq. You all heard of it, about four years ago, he and two others were abducted, and later were found tortured and mutilated. It made the international news. We were going to inform the parents, who lived in our area. I was on the call until 2 am, when I finally had to leave for the airport to catch my flight.

I was recently reading the CAP/AF joint produced book *Space: The Journey of Flight*, and a statement stuck out to me because it applies to us here: “The weather changes our plans – but its all good in the end.” I was barely the new Wing Chaplain for about a month when a long-time member, newly married and soon-to-be Squadron Commander, died in a tragic car crash. And true to form, I was packing to leave to teach at a conference somewhere else when I received the call. I was able to do some of the phone calls with the family, and Charlie Sattgast, who knew them personally, was able to follow up on it. “*Life changes our plans – but its all good in the end.*” (You were wondering how I was going to tie in that “Weather changes our plans” quote, weren’t you – its called “expectation and completion”.)

Finally, two years ago I was privileged to go on a two-week trip to Israel with my wife, a couple friends, and Lars Larson, the national radio talk show host. I talked to Lars and asked if they had a pastor-type person going, and he said no and hooked me up with the tour operator to be that person. The trip was planned mostly as a political trip, though we did go to all the main places a Christian would want to go as well. I had a huge opportunity to minister to many people during that time, and also to preach at virtually every place we went, on the Sea of Galilee out in a Jesus Boat, in Cana, Capernaum, Jerusalem, Masada, and many more, including baptizing 13 people in the Jordon River and giving communion to about 90 in the Garden of Gethsemane in Jerusalem. After we returned my friend, Dirk, was complimenting me on all I did there, and all the time I spent with people, and I was shocked that he would say that. He said “you did not pay attention, but people were always coming up to you and talking, asking you questions, and asking for advice and counseling.” Then, on thinking back, I realized he was right – no wonder I was so tired when we finished our “vacation” in Israel and headed for home. I had been doing just that.

***“Life changes our plans – but its all good in the end.”*** I had been Attentive to the needs of the people on that trip – even though it was not my “job” to meet their needs, as I was a tourist the same as they were. And I was Available. I made myself Available. Not because I said “I am going to really work at making myself available” – but because that is the habit I have developed in my life. And that is the way you are, too. That is why you are here.

Personal Practical Application: So as you have sat here listening this morning, and participating, let me ask you a question or two: In what ways do you now make yourself Attentive and Available to your people? And in what ways do you plan to make yourself even more Attentive and Available in the future? **The End**



# AROUND THE REGION

## CELEBRATING THE SERVICE OF CAPTAIN WILLIAM "BILL" RUST Submitted by Ch, Maj Randy Potter (ORWG HC)

May 15, 2010 was a day many Oregon Wing Members will remember for a long time, because it was a day we set aside to honor one of our faithful members, Northwest Coastal Squadron Commander, Mission Radio Operator and Character Development Instructor, Captain Bill Rust.

The week after returning home from attending the Pacific Region Chaplain Corps Staff College, Bill was diagnosed with mesothelioma, a debilitating form of lung cancer caused by asbestos exposure.

Bill, also known as "Sarge", retired from the Army after 25 years, and has been well-known and well-liked member of CAP since moving to the Tillamook area. In addition to serving as Northwest Coastal Squadron Commander, Bill is a Character Development Officer (CDI), and has served in General Emergency Services (GES), including as Ground Team Leader, Ground Branch Director, Urban Direction Finding Team, Mission Radio Operator, Communications Unit Leader, and Liaison Officer on dozens of searches over the years. And not willing to just sit back and rest on his laurels, he began working on a Mission Staff Assistant certification the week before his diagnosis.



Capt Bill Rust and Col Brian Bishop, ORWG Commander



Members of the WAWG (Ch, Maj Dave Franklin; Maj Deborah Kawaguchi; Ch, Lt Col Danny Riggs – WAWG HC) with Capt Bill and 1<sup>st</sup> Lt Karen Rust

More than fifty-five CAP members from Oregon and Washington attended the banquet conducted at the Wilsonville Holiday Inn, including Oregon Wing Commander Brian Bishop, Pacific Region Deputy Chaplain Charlie Sattgast, Oregon Wing Chaplain Emeritus Bob Ledden, Oregon Wing Chaplain Randy Potter, Washington Wing Chaplain Danny Riggs, Washington Chaplain Dave Franklin and CDI Deborah Kawaguchi.

Several awards were presented to Bill that evening, including the 2009-2010 ORWG Character Development Instructor of the Year Award. Letters of appreciation and recognition from the National Chief of CAP Chaplain Corps - Ch, Col Whit

Woodard - and the Pacific Region Chaplain - Ch, Lt Col Paul Ward - were read to Bill and those in attendance.



The evening was organized by Aurora Squadron Commander Captain Ken Hunt.

Plaque presented to Bill from the PCR Chaplain Corps



A painting done by Chaplain Danny Riggs which was presented to Bill in recognition of his faithful service to our country.

## PROSSER'S PROTOCOL

Protocol is a noun and is considered rules of conduct, or behavior in certain situation. Some synonyms are courtesy, custom, decorum, etiquette, formalities, manners, order, politesse and my favorite is minding your p's and q's! I was excited about Flag Day and even more excited about the Fourth of July because I proudly display a flag at my house: The flag of the United States of America!



There are proper ways to care for and display the American Flag. The flag is normally flown from sunrise to sunset. The flag should always be raised and lowered ceremoniously. Do not fly the flag at night without a light shining on it.

Always fly the American Flag on the top of a pole with state and other flags below it. Be careful not to let the American Flag touch the ground, and when storing it, always fold the flag.



Always display the flag with the blue union field up -- never display the flag upside down, except as a distress signal. The flag should never be dipped to any person or thing. The American flag should be at the center and at the highest point of the group when a number of flags of states, localities or societies are grouped for display.

When displaying the flag against a wall, vertically or horizontally, the flag's union (stars) should be at the top, to the flag's own right, and the observer's left .

The flag may also be hung vertically from a window, roof eave, or other structural overhang. When flown with flags of States, communities, or societies on separate and adjacent flagpoles that are of the same height and in a straight line, the Flag of the United States is always placed in the position of honor -- to its own right. When the flag is displayed as a lapel pin, it should be worn on the left lapel -- near the heart.

These are many other protocols concerning how to display the flags but I hope the above list will be beneficial to you.

Blessings,

*Deb*

Chaplain, Maj Debra Prosser, CAP  
Protocol Officer, PCR Chaplain Corps  
Civil Air Patrol

ORM (Operation Risk Management) Training - Safety is a major emphasis in CAP. All members are strongly encouraged to take the ORM courses (these courses are required for staff members at various activities). If you have not taken the ORM tests, please do so. ORM Link: [http://www.capmembers.com/safety/safety\\_training/orm\\_training.cfm](http://www.capmembers.com/safety/safety_training/orm_training.cfm)



## THE NEW ISSUE OF "FLIGHT TIME": VALUES FOR LIVING RELEASED

The most recent (and long awaited) issue of the Character Development curriculum - "*Flight Time*": *Values for Living* is now available. It can be downloaded from the NHQ website: [http://www.capmembers.com/media/cms/P265\\_002V3\\_F59414CEB9BA2.pdf](http://www.capmembers.com/media/cms/P265_002V3_F59414CEB9BA2.pdf)



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#### Notice To Readers:

The Western WATCH is published quarterly by the Civil Air Patrol Pacific Region Chaplain Service. Submissions may be sent to: Ch, Lt Col Paul Ward, P.O. Box 5245, San Luis Obispo, CA 93403 Email: [hc@pcr.cap.gov](mailto:hc@pcr.cap.gov). The newsletter is distributed to Pacific Region Chaplains and Character Development Instructors, staff members, and interested parties.