



From the HC...

What Makes This Organization Great?

What makes Civil Air Patrol such a great organization? Is it the 3-fold mission that our members are committing to fulfilling – Aerospace Education, Cadet Programs and Emergency Services? Is it the affiliation that we enjoy with the United States Air Force as its volunteer auxiliary? Is it the corporate assets that are provided in the form of communication equipment, vehicles, aircraft, systems that used for assisting in the missions assigned? Is it the newly refurbished headquarters building at Maxwell AFB? By now I think you are sensing where this heading. Without a doubt, what makes this organization great is its people.

You see that in every event you attend. The quality of people who serve from the basic cadet who is working on his or her first achievement award to the National Commander is impressive. During the recent National Board/Conference, I had the opportunity to be engaged in a conversation with one of our members. Though he was not from our region, he shared with me an account. Without going into the substance of our conversation, this member faced a very difficult situation in his area of command. The person that was a source of strength, comfort, and counsel was... you guessed it – his chaplain. That relationship was instrumental to diffusing a potentially hurtful situation for many.

As members of the Chaplain Corps, you play a key role in the success and the greatness of this organization. The time you spend with our members, the training you receive to sharpen your skills and the knowledge of the organization, the money you invest in attending events are returned each time you see a cadet or a senior member promote or receive an award. The members of our Chaplain Corps serve with great distinction and it is a privilege to serve with you.

In Service Together,

Paul

Ch, Lt Col Paul Ward, CAP
PCR HC
Civil Air Patrol



CH, Lt Col Paul Ward

PCR CHAPLAIN CORPS STAFF

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PCR Chaplain Corps Web-Site

<http://hc.pcr.cap.gov>

PROMOTIONS

CDI Mike Lynch (CAWG) from 1st LT to CAPT
CDI Michael Hoover (CAWG) from CAPT to MAJ
Ch William Adam (WAWG) from MAJ to LT COL
Ch Charlie Sattgast (PCR) from MAJ to LT COL
Ch Randy Potter (ORWG) from MAJ to LT COL

NEW APPOINTMENTS

Character Development Instructors:

Maj Michael Hoover (CAWG)

2nd Lt Daniel Long (WAWG)

CHAPLAIN:

Ch, Capt Denise Mosher (ORWG)

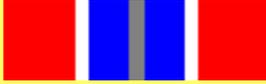
WELCOME ABOARD!



Chaplain, Lt Col William Adam receives his silver leaves from Lt Col Tom Green, WAWG SW Area Vice Commander, and Ch. Lt Col Danny Riggs, WAWG HC. Chaplain Adam in addition to his CAP Chaplain responsibilities is both a Homicide Detective (including Sex Crimes), SAR Coordinator, Chaplain for the Mason County Sheriff in addition to being Associate Pastor in his Church).

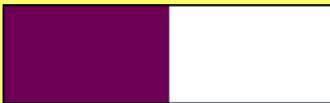
AWARDS

Gen "Chuck" Yeager Award



Level 2—Davis Award

Ch, Maj Franklin Blodgett (AKWG)
Capt Martha Foote (CAWG)



Level 3—Loening Award

Capt Martha Foote (CAWG)
Capt Mike Lynch (CAWG)



Level 4—Garber Award

Capt Martha Foote (CAWG)
Ch, Lt Col William Adam (WAWG)



Level 5—Wilson Award

Ch, Lt Col Danny Riggs (WAWG)



NATIONAL AWARDS



National Commander's Commendation Award
to Ch, Lt Col Paul Ward (PCR)
for his contributions to the Officer Basic Course .



**National Character
Development Instructor
of the Year**
Maj Karen Nahrstadt
(CAWG)

CAWG AWARDS

Group 1 Chaplain of the Year (CAWG)
Ch, Lt Col Howard Payne
(Brackett Composite Squadron 64)



NCC

Chaplain, Lt Col Charlie Sattgast and Chaplain, Lt Col Paul Ward had the opportunity to serve as chaplains for the 2010 National Cadet Competition in McMinnville, Oregon (22-28 June). Over 50 staff (cadet and seniors) and 150 participants (color guard, drill team, escorts) were in attendance for this event. Chaplain Sattgast was assigned to the drill team participants. Chaplain Ward was assigned to the staff and color guard participants. They accompanied the teams to each of the daily competition events as well as on the tours of the Evergreen Aviation and Space Museums. The cadets were a highly motivated and focused group to work with. A Sunday chapel service was conducted...there were 93 cadets and seniors in attendance. (photo can be found on page 9). The banquet speaker was Br Gen David Price (USAF), who is charged at the Pentagon with overseeing a budget of over \$56 billion for USAF operations, maintenance and personnel.



BG David Price, Ch (Lt Col) Paul Ward, Ch (Lt Col) Charlie Sattgast

Chaplain Sattgast doing a new routine called the "Cupid Shuffle" with the GLR Drill Team

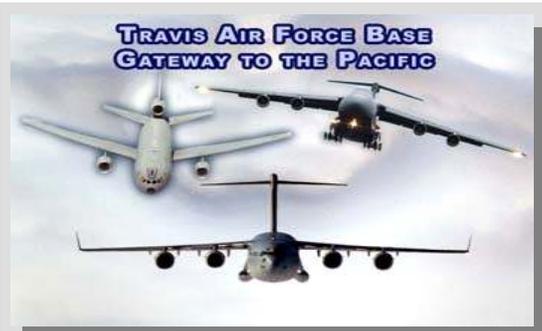


FORM 34A Summary: From January through June 2010 the PCR Chaplains and CDIs reported participating in 2,614 activities, spent 9,113 hours, traveled 54,447 miles and invested \$36,113.25. The PCR Chaplain Corps annual report that was presented during the CCAC meeting can be found on the PCR Chaplain Corps Web-site: http://hc.pcr.cap.gov/downloads/Annual_Report_PCR10.pdf



NEEDED!!!! MISSION CHAPLAINS

As the Civil Air Patrol receives greater taskings by the 1st Air Force, there is a need to have a full component of trained ES responders. One of those areas of need is Mission Chaplains. Please check with your squadron or Wing ES officer as to attaining this ES rating. You can find the Mission Chaplain Specialty Qualification Training Records (SQTR) on E-Services (left hand side – My Operation Qualifications). Some of our Wings have been “dinged” in the AF evaluated exercises for not providing a mission chaplain. This is not a good thing.



2011 CHAPLAIN CORPS REGION STAFF COLLEGE

The dates for the 2011 PCR CCRSC are Monday afternoon to Thursday early afternoon, 14-17 March. The location will be Travis AFB, Fairfield, CA.

Ch, Lt Col Charlie Sattgast – Dean of PCR CCRSC, is working on the curriculum for the training event. The theme will be: “Capable – Accessible – Partnership”.

The registration fee is \$75.00 – which covers the Monday evening fellowship meal, materials, and the luncheon. On-line registration is available: <http://guest.cvent.com/d/zdqfqq/1Q> Students will be responsible for paying for their lodging.

During the 2010 CCRSC the morning meditations were presented by our Wing Chaplains. Each meditation was based on the acrostic C-A-P. In the Spring issue, "Compassionate" was the theme addressed by Ch, Lt Col Chuck Ingram (CAWG HCD). Ch, Maj Randy Potter's meditation on being "Attentive" was featured in the Fall issue (ORWG HC). We conclude the series of meditations from the 2010 CCRSC with the topic of being "Proactive" presented by Ch, Lt Col Danny Riggs (WAWG)

BEING PROACTIVE IN A REACTIVE WORLD

Chaplain, Lt Col Danny Riggs - WAWG HC
Thursday, 1 April, 2010



Psalms 139:1-4 "O Lord, you have searched me and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways. Before a word is on my tongue you know it completely, O Lord."

We look at the hapless soul or maybe we are the one who is hapless. Are their ears plugged? Is there a mental problem of the bulb being screwed in, but there is no filament? Are they being stubborn or rebellious? Basically what part of "No" or "Yes" or any other part of the heart of the issue do they not understand. This question is formed everyday in different ways all around the globe. It may express what our Creator thought when He brought forth the man and the woman after the Fall. In our world things happen and we react to the happening. We live in a "reactive" society and it is frustrating at times. Ask yourself: "Does it have to be this way?"

Once there was a bride who got fed up with her mother-in-law always sending an anniversary card that arrived some two weeks early. One day she confronted her with it. The "WW" or "Wise Woman" didn't take offense at the younger woman. Rather she replied, "Dear, your wedding was one of the happiest days of my life and I will always remember the day. But that son of mine has never been able to remember a date no matter how important." Sure enough, the young man had never forgotten their anniversary. The mother-in-law was being "proactive".

Is proactivity the "cure all" for all our ills and worries? No, but it would help relieve a lot of them. A wise saying of old is "If you worry about something that doesn't happen then you've worried in vain, but if you worry about something that does happen you've worried twice." Worrying is not being proactive; it is spinning your wheels and depleting your resources to no avail. Being proactive is to look and possibly do an assessment of their importance and if they are important, then to see what you can do to make things go smoother. People and events are the two things that come to mind for potential problems.

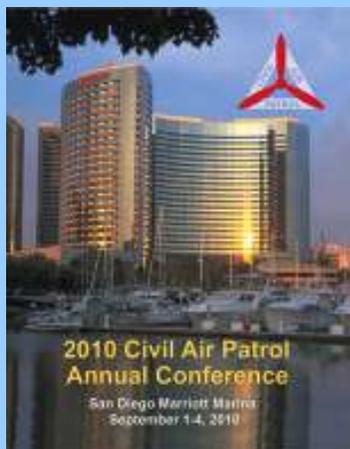
Planning is a "proactive" activity. But let's say you've planned for SM Bob to bring the ice cream for an upcoming social. If Bob has a hard time being on time it would be proactive to give him an earlier reporting time (Ice Cream in Hand) than you might someone else. If Bob, for whatever reason, will usually agree to do what you ask him, but then will fail to do it, being proactive would call for a different approach. To sit down and talk to Bob and work out the differences would be the method by choice. If factors prevent this, then to have someone else arrange with Bob to do the task would be proper. If you have a difficult time talking to Bob, examine the reasons and come up with a concrete plan to take action. For example, "Bob doesn't seem to like me and I want to be

Being Proactive in a Reactive World continued...

liked, but Bob is great at picking ice cream. “ I then set a time, coordinate with Bob if need be, to talk to Bob. I decide to discuss our relationship and explain my anxiety in asking him to bring ice cream to the social. If time does not permit a healing of our relationship I stick with the plan to talk to him, but I mentally put aside my anxiety and make the request.

In a nutshell, being proactive is looking forward and taking action. You must know the objective of what is to be done -- minor or major project. You must know your resources as well as the requirements of the project. Most importantly you must know yourself and those who are involved at whatever level. How they think, function, and what obstacles in their behavior need to be worked with to get the desired results. Then instead of “worrying” ...work the plan.

God must have despaired when man chose to seek equality with Himself rather than to continue the close friendship of Creator and created. He know His creation, us, and in divine love called us to enter into a new relationship with Him, healing the death bringing effects of sin, and enabling us to fulfill His desires for mankind. “But God demonstrates his own love for us in this: While we were still sinners, Christ died for us” (Romans 5:8). God was, is, and forever will be “proactive”. Let us for His glory be so as well. **THE END.**



SLIDE SHOW OF THE 2010 NATIONAL BOARD/CONFERENCE

For those who were unable to attend the 2010 National Board/Conference in San Diego, here is a link that has a slide show of the CAP Chaplain Corps personnel participating in the various activities:

[http://smilebox.com/
playEmail/4d546b774e7a59304d446c384d6a49784f5459344e44413d0d0a&sb=1](http://smilebox.com/playEmail/4d546b774e7a59304d446c384d6a49784f5459344e44413d0d0a&sb=1)

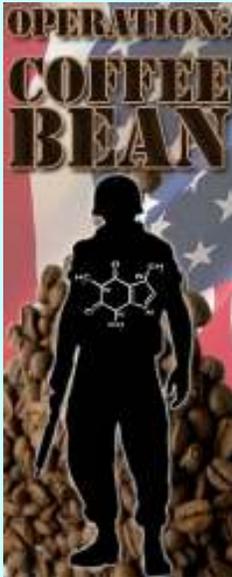
*(copy the above link and paste in the address bar –
make sure you get both lines in the address bar)*

The 2011 National Board/Conference will be held at the
Louisville Marriott Downtown – 17-20 August.
Mark your calendars and plan to attend this event.

THE REV. JILL ROBB DENISON PAULSEN – SPECIAL GUEST AT 2010 NATIONAL CONFERENCE

As part of a project that Maj John Foote (CAWG) was working on, he came across a name of a person that appeared to be related to the late Gill Robb Wilson. He followed through and made contact with the Rev. Jill Robb Denison Paulsen in Illinois. After contacting NHQ, arrangements were made for Jill to be a participant in the 2010 National Board/Conference in San Diego. What a delight it was to meet this wonderful person of faith (she is a Presbyterian minister) and a link to CAP’s founder. Jill was able to get acquainted with members of CAP’s Chaplain Corps at the reception, the Prayer Breakfast and throughout the conference. She was a speaker in the General Assembly, presented the GRW award to Maj Foote and Col Ernie Pearson, and concluded the conference with a benediction at the banquet. Her tribute to her grand-father, CAP’s founder – Gill Robb Wilson, can be found in written form on the PCR Chaplain Corps web-site (hc.pcr.cap.gov) and in video form on YouTube: <http://www.youtube.com/watch?v=Zk6RDHusgXw&feature=related>





OPERATION: COFFEE BEAN

A friend of mine who is a US Air Force C-130 pilot has just returned from a brief tour supporting ground forces in Afghanistan. He has asked for help from his friends – and thought the chaplain corps could assist – to fulfill a special request of our troops currently on the frontlines. This request is a simple one, coffee.

For a lot of us, we know how important coffee is to us in staying alert and sharp during our work week. Well this is no different for our troops who are risking their lives on our behalf on the other side of the world. This request is coming from one of the FOB's (Forward Operating Bases) in Afghanistan, where, if you know anything about FOB's, you know there are not many 'luxuries' afforded to our guys. We might take our coffee for granted, but to them, it is 'liquid gold'.

My friend shared the following: “During the visit, I spent some time on a big Special Operations Forces (SOF) compound. While I was there, one of the things that stood out was the chaplain. If you know me, you know I am pretty skeptical of religion in general and chaplains in particular. That said, I never met a SOF chaplain I didn't like, and this guy was everywhere. I visited probably a dozen units and everywhere I went, there he was, being available. If you recall from my last trip to Afghanistan, the SOF Chaplains take a lot of pride in their coffee maker, which is generally considered the finest coffee maker in the war, and quite possibly the history of warfare.

This coffee maker had to have been a couple thousand dollars. I don't know if it was donated, purchased, or stolen, but it was worth it. It takes the beans, grinds them for you, and can make any kind of coffee beverage you want, one cup at a time, for free. I am not a coffee drinker, but I started on the last deployment because that coffee maker was so cool. One week, the Chapel ran out of coffee beans and everyone was getting kind of twitchy over the lack of caffeine. One of the Gunship guys came to me and said "dude... we aren't going if we don't have coffee!" I sent a general call out to get beans mailed in care packages. People came through in a huge way. A friend who works for Disney took up an office collection and sent me probably 50 pounds of beans. During my short time deployed last year, the counter on the back of the coffee maker counted in the tens of thousands of cups. When you consider how small SOF is, you understand how many cups that really is. Guys from all over the compound would stop at the Chapel to pick up a cup on their way into pre-mission briefings.

On this trip, I asked the Chaplain if he needed anything out there and he smiled and said ‘Beans! We need beans! We are running low. We have lots of normal care package stuff and snacks and toiletries, but what we need the most is coffee!’

Now, you have to understand this Chapel -- The Cross on the steeple of this chapel is made of spent 40mm rounds from an AC-130 Gunship. The Chapel has a lounge which is the only place on compound where you can go and read or watch TV and just decompress. No one there cares what religion you are or even whether you associate with a religion at all. The Chaplains are around if you need someone there to talk to but they are not there to convert or preach. The "congregation" is a conglomeration of special operators from every branch of service. I consider their caffeination and well-being a matter of national security.

It would be pretty simple to play a small but vital role in this war against Al Qaeda: Find whole coffee beans, sealed well, and send them US Mail (Not UPS or FEDEX) to the Chapel. If you are so inclined, you can add a note or whatever your favorite coffee additives are. “ Here’s the mailing address:

CHAPEL PRG 6-16A, APO AE 09354

Safety Officers and Chaplains

By Maj Alex Kay, CAP
Director of Safety PCR



In my past 4 years on Staff as a Director of Safety at a Wing and then Region I have had to call the Chaplain more than once.

Though the Chaplain is not in a Safety Officer's chain of command he/she is a close working partner with the Safety Officer. The Safety Officer in his/her position gets information from the "grape vine" faster than most (even for non CAP items) and the Safety officer being on his/her toes can call the Chaplain and give one of those "hey I just heard" phone calls.

Now you might be thinking to yourself right now that is not a Safety Officer's job well to quote an old friend "In Service Together". You have to understand that a Safety Officer, worries about you, the equipment and the 78 and 79 stuff, the Chaplains are just concerned about YOU and nothing else and by working as a team you do not fall through a crack when you or your family needs help the most.

When I was a Wing Safety Officer we had a member (on a mission) that we thought a heart attack. Once I received the call and did everything I needed to do the next call was to the Wing Chaplain. He in turn made calls to the closest Chaplain who went to the hospital so that the member would not be alone. When the member was moved to another hospital, the ball was passed to another Chaplain so that the member always had a "friend" with him. Working with the Chaplain, we were able to make sure that the member and his family were taken care of. Now that is the way it should always work, you agree? These Chaplains had never met this member before had never talked to me before but "In Service Together" made it happen.

Now for the grape vine type stuff: I received a call that a member's father was about to pass away and I called the member to see if I could do anything for him? He stated no thank you and I left the door open for him to call me anytime. I then called a Chaplain and told him what was going on. That Chaplain called that member and they talked. After that call the member called me and said thank you and stated that he never thought the Safety Officer (or Command Section) would care enough to go out of the way like that. "In Service Together". Like a Chaplain who while acting in that capacity does not represent a religion and will advise anyone a Safety Officer is not always about Safety. Think about that the next time the Safety Officer has to do his/her job. Thank you Chaplains for everything you do.

Be Safe.

Alex C. Kay, MAJ, CAP
PCR Director of Safety



AROUND THE REGION



NVWG – NVWG Chaplain Elizabeth Tattersall and her husband Stewart visited the USAF Academy on 8/2/10 on their way home from EAA AirVenture in Oshkosh, WI. The Experimental Aircraft Association (EAA) conducts an annual's fly-in convention there. The event attracts about 10,000 airplanes. More than 500,000 people see the show annually. The two runways are 2.5 miles and 1.5 miles long, and can land three aircraft at a time. They spent

three days at AirVenture, and saw the night air show--an unusual treat. They traveled to and from OSH in a friend's turbo Bonanza A36. While in Colorado Springs they also journeyed up Pike's Peak on the Cog railway.



CAWG – Ch, Maj Richard Nelson (CAWG) served as the Encampment Chaplain for the CAWG/NVWG Encampment held at Camp Pendleton (USMC) in Oceanside, CA.



ORWG – Chaplains (Capt) Denise Mosher, (Maj) Randy Potter, and (Lt Col) Bob Ledden served as Chaplains and part of the CISM team for a guided SARX conducted in the ORWG.



WAWG – Maj Deborah Kawaguchi (WAWG) served on staff at the CAP Flight Academy.



The Uniform Within

by Cadet 1st Lt. Jesse Carr, CAP
TYLER, Texas

Often we are judged by what someone else sees on our outside, since first impressions are always lasting. But it is not what we look like on the outside that makes us who we are. Rather than how we dress or our grooming standards, it is what we have inside that counts. For Civil Air Patrol members, it is the uniform within that largely defines our character and makes us who we are. Although much can be judged by a person's outward uniform – ribbons, insignia, accoutrements and specialty badges – only the reason within that earned them makes them a reflection of who we are.

As Civil Air Patrol members, it is our duty to make sure that our uniform within is spotless. As we uphold the core values we must be morally and ethically sound inside and out, otherwise we would be hypocritical. Sometimes people wear their uniform for the glory and recognition, but fail to fulfill their mission within – in their heart. We must remember that the awards and decorations will come as a result of our having fulfilled our mission. If our eyes are set only on glory, then we are sure to fail; we can only succeed when our full attention is focused on the task at hand.

Elbert Hubbard (1856-1915) said this about character, "Many a man's reputation would not know his character if they were to meet on the street." What he's saying is that our reputation is not always our character. Character is what lies inside; it is our core values, the rules we live by, but not necessarily what others see in us all the time. Our uniform within is the truth of who we are; it is impossible to cover it up all the time, or make it look like something it is not.

In Civil Air Patrol, we are given the core values – Integrity, Respect, Excellence, and Volunteer service. Whenever one of us has had a problem or issue, most of the time it has been caused by that person's failing to uphold the core values. We can all fall short or make mistakes, but the worst pit-fall is trying to separate our uniform within from Civil Air Patrol.

Should we uphold the core values only when we are in uniform, at some point this flaw will reveal itself in some way. For a while, it might be possible to get away with living that way, but the time will come when success will be knocking at our door, and only those whose uniform within matches their outward self will be chosen.



Cadet Carr with MG Amy Courter

C/1st Lt Jesse Carr is assigned to the Tyler Composite Squadron, Group III, Texas Wing. He is the Texas Wing Cadet Advisory Council Chair (to be announced on 11 September 2010) and his squadron's Deputy Cadet Commander (effective 1 Sep 2010). He has attended numerous encampments, having distinguished himself as Encampment Cadet Command Chief. Also attended the Blue Beret School and Texas Wing's Advanced Training Squadron. He was honor graduate of the Lone Star Emergency Services Academy's Public Information Officer/Public Affairs Officer School, where he qualified as an emergency services PIO in June, 2010. He has written prolifically and is a steady contributor to Group III, Texas Wing, and Wings Over Texas. He has been published on Southwest Region's The Fly-By. In September, 2009, he was one of the two cadets who first reported in words and photos a National Boards and Annual Conference in San Antonio, Texas. He also reported the Texas Wing Conference in April, 2010. He has earned two Commander's Commendation Awards. He joined Civil Air Patrol in April, 2007, is home schooled and a conservative Baptist.

THE NEW ISSUE OF "FLIGHT TIME": VALUES FOR LIVING RELEASED

The most recent (and long awaited) issue of the Character Development curriculum - "*Flight Time*": *Values for Living* is now available. It can be downloaded from the NHQ website: http://www.capmembers.com/media/cms/P265_002V3_F59414CEB9BA2.pdf



PACIFIC REGION, CAP

Col Larry F. Myrick
Commander

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Notice To Readers:

The Western WATCH is published quarterly by the Civil Air Patrol Pacific Region Chaplain Corps. Submissions may be sent to: Ch, Lt Col Paul Ward, P.O. Box 5245, San Luis Obispo, CA 93403 Email: hc@pcr.cap.gov. The newsletter is distributed to Pacific Region Chaplains and Character Development Instructors, staff members, and interested parties.